Visions of the past, present and future in the system of socio-psychological personal adaptation

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The article presents the data of theoretical-empirical analysis of the interrelation of time perspective and level of socio-psychological personal adaptation. It also presents the results of empirical research, which has been conducted from the point of view of the comparative aspect of time visions of three categories of senior students (n=110): pupils of secondary school, gymnasium and special correction school (type 8) from the city of Saratov. The article contains detailed characteristics of four levels of the respondents' socio-psychological adaptation. It presents interpretation of sociopsychological adaptation as a special personal phenomenon, which has a complex factor structure and a system of its key factors. The article identifies and characterizes substantial-semantic structure of senior students' personal time perspective, which includes factors of life controllability, its conceptual saturation, and personal responsibility for events. It also identifies and characterizes the main types of time perspectives of senior student's personality according to their level of sociopsychological adaptation. The article defines specific features of the past, present and future visions according to respondents' gender. Applied aspect of the problem can be realized in counseling practice of psychological services.

Key words: time perspective; socio-psychological adaptation; system of personal visions.