TEMPORAL PERSPECTIVE IN STUDENTS WITH DIFFERENT LEVELS OF ADAPTATIONAL READINESS

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The article presents theoretical analysis data regarding the problem of temporal perspective in correlation to adaptational readiness of a student's personality. Time perspective reflects future goals, personality values, as well as the level of personality's subjectness. Susceptibility of personal time perspective parameters to the impact of social situation in life of a concrete subject dramatically increases during the periods of social and economic crises, as well as during the most significant life contexts of a personality. The study uncovers the content of adaptational readiness and its level-related manifestation in structural and dynamic characteristics of the time perspective. The article presents results of empirical research, which was carried out on a sample of students (n=80, 16-17 years old, first year students of the Socio-Economic College of the city of Saratov) with application of a complex of methods: social and psychological adaptation questionnaire by K. Rogers and P. Diamond; "Psychological time of a personality" test by A. Khronic and E. Golovaha; motivational induction method (MIM) by J. Nutten (Form B). The study defines differences in structural and dynamic characteristics, depending on the level of adaptation readiness of a student. The applied aspect of the problem under study can be used in counseling practice of psychological services.

Key words: personality; time perspective; adaptational readiness; subjectness of a personality.

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