## Social and Psychological Difficulties of Adaptation with the Schoolchildren in Inclusive Educational Environment

## NATALYA V. KALININA

Ulyanovsk State University

42, L. Tolstogo str., Ulyanovsk, 432017, Russia

E-mail: kalinata66@mail.ru

The article presents the results of research on peculiarities of adaptation in the physically challenged schoolchildren in inclusive educational environment. The study shows that schoolchildren adaptation in the inclusive educational environment has specific social and psychological difficulties. Physically challenged children show decreased level of social and psychological adaptation and chose non-constructive adaptational strategies for coping with failures. The author points out that the adaptational difficulties are connected with the peculiarities of members of environment interaction. Interaction is directed towards preserving the passive position of a student which contradicts the core idea of inclusive education aimed at encouraging social adaptation of physically challenged people, and at creating the necessary conditions for self-realization in society. The article gives grounding to the necessity and opportunity of organizing the members interaction with the inclusive educational environment aimed at development of adaptational resources.

*Keywords:* inclusive education, adaptational problems, adaptational resources, interaction with educational environment.