

Individual Determinants of Subjective Distortions in Evaluating Stress Factors of Urban Area

Olga V. Kruzhkova

Ural State Pedagogical University

26, Kosmonavtov str., Ekaterinburg, 620017, Russia

E-mail: galiat1@yandex.ru

We listed the psychological aspects of perceiving urban environment as a source of stressing the individual. It has been shown that it is not only the objective characteristics of the urban environment that may adversely affect an individual, but also the peculiar attitude of a person to the environment and the person's individual features and mass objectives. The results of the empirical research carried out in 13 locations of Khanty-Mansiysk Autonomous Okrug (n = 1647 people aged between 18 and 60 years) using questionnaires, projective techniques and personality questionnaires. It was found that the distortion of subjective evaluation of individual groups of stress factors of the urban environment by the respondents may be due to the period of residence in the given environment, the emotional attitude to it, as well as their individual characteristics such as aggressiveness