

ADAPTATIONAL POSSIBILITIES OF THE SCHOOL GRADUATES UNDER CONDITIONS OF CHANGING SOCIETY.

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The article presents the results of theoretical and empiric research of the adaptational potential of senior school pupils. Utilization of the “Methods of the social and psychological adaptation research” by K.Rogers and R.Diamond, Mini-Mult checklist (MMPI) and 16PF-checklist by R.Cattell, methods of comparative and correlative analyses allowed to single out the characteristics of the adaptational potential among school graduates of 2011 and 2013. (n=101 , 16-17 y.o.). The results showed that one of the most important factors that supports social and psychological adaptation is personal stress resistance. The applied aspect of the problem under study can be realized in the counseling practice of psychological services particularly in case of monitoring of the process of personal adaptation under educational environment conditions.

Keywords: personal stress resistance; adaptational characteristics; social and psychological adaptation.