

Stylistic peculiarities of personality behavior self-regulation in late adolescence

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Abstract. The results of the study on stylistic peculiarities of personality behavior self-regulation in late adolescence are stated. The data of analysis of psychological concepts of conscious activity and behavior self-regulation are given (after C. Sherrington, I.M. Sechenov, L.S. Vygotsky, O.A. Konopkin, V.I. Morosanova). The work concentrates on understanding of stylistic peculiarities of self-regulation as being typical for a person and most essential individual peculiarities of self-organization and controlling external and internal goal-oriented activity which consistently shows itself in different types of one. Empiric research is made on the sample of senior school children of general educational schools of Saratov (n=180, age 15-16). Complex of methods was applied: sixteen personality factor questionnaire by Cattell, Bass - Darcy questionnaire, Zung Depression Scale (adapted by T.I. Balashova), "Anxiety state" test (C.D. Spielberg, L.Yu. Khanin), "Style of behavior self-regulation" questionnaire by V.I. Morosanova; method of correlative analysis allowed pointing out the structure of self-regulation stylistic peculiarities depending on personal characteristics of adolescent. The peculiarities of interrelations between self-regulation components and a variety of personal characteristics are represented. Thus, for instance, it is typical for the adolescents with high rate of distrust to other people to carefully premeditate his/her ways of actions towards objectives, circumstantiate and expand programs under development with account of significance of the external and internal conditions of his/her activity. The applied aspect of the problem under study can be actualized by solving tasks of psychological follow-up for school children's personal development.

Key words: adolescent personality, behavior self-regulation, stylistic peculiarities of self-regulation.