

## **Adaptation Readiness of First Graders in Estimates of Participants of Educational Process**

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In article results of the theoretical and empirical research devoted to studying of adaptation readiness of pupils of elementary school are stated. First graders (n=30), parents (n=30) and the class teacher took part in research. Application of a complex of psychology and pedagogical techniques: the author's questionnaire (for studying of adaptation readiness on five values), "The scheme of supervision over adaptation and efficiency of educational activity of pupils" (E.S. Eskina, T.L. Bolbot), allowed to study adaptation readiness of first graders in estimates of participants of educational process. The applied aspect of the studied problem can be realized in advisory practice of psychological services.

**Key words:** personality, adaptation readiness, educational process.